

# SUPERVISED TOOTHBRUSHING PROGRAMME

SCAN ME!



## DID YOU KNOW

1

Community Dental Services-CIC are commissioned to provide a **funded supervised toothbrushing programme**. To find out if your setting is on the prioritisation list talk to a member of the Oral Health Improvement Team.

2

## FULLY FUNDED

Community Dental Services will fund the programme and provide all toothbrushes, toothbrushing racks and toothpastes for children in your reception class. Full training given and is CPD certifiable.



3

## IMPORTANCE

The programme is highly effective in reducing tooth decay, especially in children at greater risk. The goal is to establish good life-long oral health habits of toothbrushing with a fluoride toothpaste to prevent tooth decay and improve quality of life.

4

## MYTH BUSTER

Teachers do not have to brush the children's teeth. The children brush their own teeth. These programmes are designed to complement (rather than replace) toothbrushing at home.



5

## FEEDBACK

We already have had over 70 settings sign. A few staff members were worried about the potential for the programme to not run smoothly or to be too messy, but they soon realised the programme could be run easily and quickly and be no messier than other activities!

