



# NOTTINGHAM **CENTRAL** LIBRARY

## FINANCIAL RESILIENCE AND WELLBEING EVENT for over 50s

### LIVE WELL THROUGH THE WINTER

Tuesday 26 November  
10.30am to 3pm

### Free drop-in event

Meet a range of organisations who can help you:

- Manage your money
- Claim benefits you may be entitled to
- Stay active, well and warm through the winter
- Consider employment options



#### Presentations:

10.45am Improving your financial wellbeing

11.45am Avoiding scams and doorstep crime; eligibility for Pension Credit and Winter Fuel Payment

For more details:

Website: [nottinghamcitylibraries.co.uk/frwbevent](https://nottinghamcitylibraries.co.uk/frwbevent)

Email: [healthandwellbeing@nottinghamcity.gov.uk](mailto:healthandwellbeing@nottinghamcity.gov.uk)

