



# CPD and Resource Ideas for Inclusion in any setting.

June 2024



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## Resource Ideas for Inclusive Environments

### Introduction:

This booklet has been created to give you some ideas of how you can develop an inclusive environment and to support you in making reasonable adjustments to your provision for the benefit of children with special educational needs and disabilities attending the setting. In addition, it gives useful websites for you to purchase sensory or specialist equipment for children who may need it.

### Early Years CPD

**Introduction to SEND:** This two hour on line introductory course developed by the Early Years Team is for Practitioners who do not currently have a SENCO Role but would like to increase their knowledge of Special Educational Needs and Disabilities.

**New To SENCO:** This two hour on-line workshop will provide practitioners with key points and practical ideas to help in the SENCO role. This will include investigating how the SENCO role is delivered across the city, discussions around early identification of children with additional needs and exploring the Graduated Response.

**Being a SENCO:** This two hour on-line course giving practical ideas has been developed by the EY team and certificated by UK CPD is for established SENCOs and will support you to identify small steps for learning, set SMART targets and complete individual provision maps. It will support SENCOs to understand their responsibilities to children with SEND and the setting's approach to identifying and meeting SEND.

For more information on any of the above courses and other training available please go to:

[www.nottinghamcity.gov.uk/earlyyears/section-pages/cpd-training/cpd-opportunities-20242025/](http://www.nottinghamcity.gov.uk/earlyyears/section-pages/cpd-training/cpd-opportunities-20242025/)

### Commissioned and Bespoke In – house Training

The Early Years Team can commission specialist training for your setting or put you in touch with specialist teams. We can also support you with bespoke training or training packages that can be delivered at your setting at times convenient for your staff.

For example:

- Signs and Symbols Awareness
- An Introduction to SEND
- Facilitation of face to face Solution circles with teams or keyworkers

# Children and Adults– Early Years Team

For more information and or to receive an in-house enquiry/application form contact:  
[eytraining@nottinghamcity.gov.uk](mailto:eytraining@nottinghamcity.gov.uk)

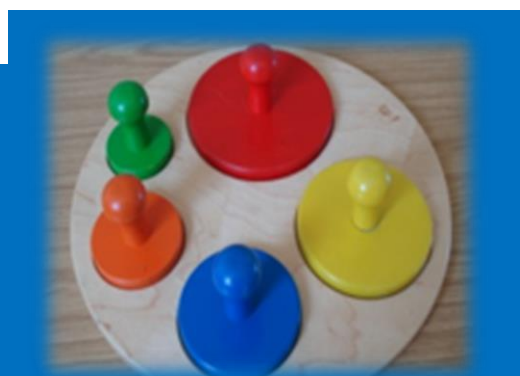
## Toys and Equipment for Indoor and Outdoor Play

The items below will support children with a range of disabilities, also see page 8 and 9 for stockists and useful websites.

If you require any further support or advice for a specific child, please do not hesitate to contact Mel Foulston or Sam Caig the early years SEND setting support workers.



Pyramid sensory dark den



Easy hold shaped puzzles



Sensory massage toys



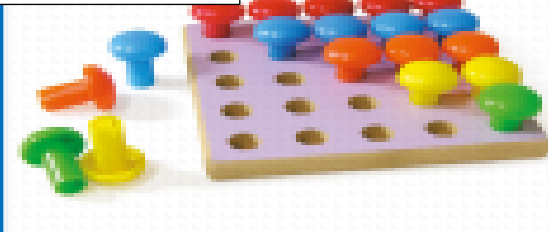
Large peanut balls



Sensory lighting kit

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Large peg boards



Tactile fidget hamper



Single round hole posting



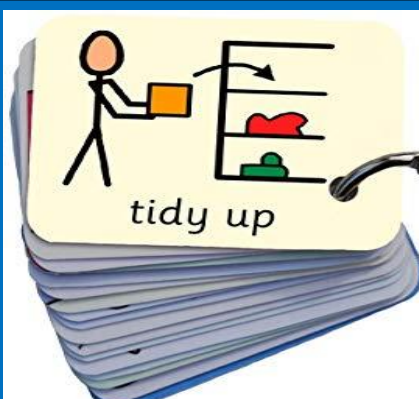
Ark bite saber sensory



Dark Den



tidy up



Exchange cards- pre-school



Wind Movement

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## Being Creative

To enable you to use your funding to go that little bit further, giving you chance to pay for staff training as well as resources here are a few ideas to develop a range of low cost resources.

This equipment can be used for Attraction or Distraction purposes with children on the Autism Spectrum, children with EAL or who are none verbal.


- Collect a range of the items (some examples below) and place in a small bag, tin or box to create an element of surprise. This makes a great interaction tool using either a 'ready steady go/blow' technique or copying what the child does with the toy.




Chiffon scarf




Feathers



Pipe cleaners, wool etc.



Bubbles



Toy figures



Balloons

- Use balls with bells inside or finger lights to attract a child with Autism who may seem as if they are in a world of their own. We need to find out what toys they like best and use these items to attract them to other areas in the setting, for example if they like letters and numbers put these in different areas such as in the sand, water or even in the home corner pans and point to them naming them out loud.

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Resource list from Rutland County Council

<p><b>Physical access</b></p> <ul style="list-style-type: none"> <li>• Gates/child gates</li> <li>• Tarmac area for smooth access</li> <li>• Ramp</li> <li>• Handrails</li> <li>• Steps</li> <li>• Box for feet</li> <li>• Chairs/seating</li> <li>• Walker/rollator</li> <li>• Outside equipment – different swing seat, adapted trikes, trikes with waist straps, resources to support to access the outdoor area</li> <li>• soft play equipment</li> <li>• sitting wedges</li> <li>• corner seats</li> <li>• visual support for sitting e.g. carpet spot</li> <li>• Equipment for marking steps etc.</li> <li>• Different chairs</li> <li>• Big physio balls</li> <li>• OT equipment e.g., spinning mat,</li> <li>• Different types of scissors (e.g. table top scissors)</li> <li>• Gross motor skills equipment</li> <li>• Hoists</li> <li>• Recording switches</li> <li>• Bibs/dribble bibs</li> <li>• Complete waterproof suits etc</li> <li>• Tough spots etc – allowing physical/sensory play</li> <li>• Chunky crayons/finger crayons</li> <li>• Rulers with handles</li> <li>• Early Pencil grips</li> <li>• Suction grab rails</li> <li>• High visibility jackets/bibs</li> <li>• Push chair for trips</li> <li>• Happy pee bottle</li> </ul>	<p><b>Communication needs/ASD</b></p> <ul style="list-style-type: none"> <li>• Feelings faces</li> <li>• Visual support</li> <li>• Sensory tent</li> <li>• Sensory toys</li> <li>• Portable dividers – create different spaces</li> <li>• Autism friendly materials – social stories book, weighted lap blankets</li> <li>• Board maker/Communicate in Print CD or I-pad app.</li> <li>• Sound area – head phones and DVD player etc. – calming or S+L</li> <li>• Communication support – Makaton symbols, choice boards,</li> <li>• DVDs for songs, simple, picture books</li> <li>• big books and little books</li> <li>• story sacks</li> <li>• chunky books</li> <li>• PECS books,</li> <li>• storage for symbols (boxes or shelves)</li> <li>• Chewy chews</li> <li>• Mirrors for SLT</li> <li>• Mini trampolines</li> <li>• Persona dolls</li> <li>• Enclosed chairs</li> <li>• Key fobs – play doctor website</li> <li>• Feely bags</li> <li>• Early language objects (doll, brush, cup etc.)</li> <li>• Parachute</li> <li>• Visual timetables</li> </ul>
<p><b>Hearing needs</b></p> <ul style="list-style-type: none"> <li>• Sign language books, cards and games</li> <li>• Light and sound toys</li> </ul>	<p><b>Visual needs</b></p> <ul style="list-style-type: none"> <li>• VI list – advice from sensory team to settings</li> <li>• Books with sound buttons, tactile patches</li> </ul>

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<ul style="list-style-type: none"> <li>• interactive whiteboards,</li> <li>• Talking tins</li> <li>• Acoustic modification:</li> <li>• fabric for tables</li> <li>• curtains</li> <li>• hanging mobiles</li> <li>• acoustic clouds</li> <li>• carpet for a setting/rugs</li> <li>• felt pads for bottom of toy boxes to reduce sounds</li> <li>• sign and write – part of communicate in print software</li> <li>• Velcro</li> <li>• story sacks</li> <li>• Listening games</li> <li>• iPad – communication/pictures</li> </ul>	<ul style="list-style-type: none"> <li>• Touch Braille letters</li> <li>• Coloured glue sticks</li> <li>• Giggly Wiggly balls/sensory balls</li> <li>• Tactile books</li> <li>• Story sacks</li> <li>• Musical instruments</li> <li>• Light and sound buzzers</li> <li>• Scented playdough</li> <li>• Scented pens and pencils</li> <li>• Vibrating cushions</li> <li>• Plate guard/plate surround</li> <li>• Scooping bowl</li> <li>• High contract tape</li> <li>• Dark tent/cosy cave</li> <li>• Dark room kit</li> <li>• Be Active box</li> <li>• Tactile Vibrations Sensory Starter Tub</li> <li>• Simple Switches</li> <li>• UV Dark Den Multi Sensory Glow Kit</li> <li>• Fibre Optics</li> <li>• Lightbox</li> <li>• iPad and iPad stands</li> <li>• Tactile letters with braille</li> <li>• Torches</li> <li>• Subscription for 3-d books</li> <li>• Survival blanket/space blanket</li> <li>• Talking Tins</li> <li>• Wikki Stick/ pipe cleaners</li> <li>• Braille Maths Blocks</li> <li>• Braille ABC blocks</li> <li>• Numicom</li> <li>• Desk slopes</li> <li>• Talking books from RNIB</li> </ul>
<p><b>Self-care</b></p> <ul style="list-style-type: none"> <li>• Toilet access, changing table etc., changing mats, kneeling pads for staff, storage, toilet frames, toilet steps, toilet inserts, potties with arms/backs</li> <li>• Feeding materials: non-slip mats, angled plates, cutlery, appropriate height tables.</li> </ul>	<p><b>General developmental needs</b></p> <ul style="list-style-type: none"> <li>• Sensory toys</li> <li>• Cause and effect toys</li> <li>• Stage-not-age toys e.g. cause and effect, inset puzzles, shape sorters.</li> <li>• Large handled brushes • Musical instruments/hand bells</li> <li>• Light weight rattles</li> </ul>



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<p>chairs, specialist cutlery, grasp bar, cups, mini food processor</p> <p><b>Behaviour</b></p> <ul style="list-style-type: none"> <li>• Sand timers Reward systems/charts/stickers</li> <li>• Emotion cards, bottles, balloons,</li> <li>• Worry monsters</li> </ul>	<ul style="list-style-type: none"> <li>• Peg men/spring pegs</li> <li>• Stacking toys with magnets</li> <li>• Bubbles</li> <li>• Switches and cause and effect toys</li> <li>• Sensory materials</li> <li>• Construction toys</li> <li>• Treasure baskets – exploration toys</li> <li>• Playdough</li> <li>• Tactile materials/water beads/slime/semolina • Posting boxes</li> </ul>
<p><b>Medical support</b></p> <ul style="list-style-type: none"> <li>• Secure box for medication, plus mobile box for trips etc</li> </ul>	<p><b>General</b></p> <ul style="list-style-type: none"> <li>• Printer, Laminator, Velcro!</li> <li>• Environmental changes e.g. safe space, child gates, security doors, handrails, high vis tape for steps, non-slip paint for steps</li> <li>• Digital camera</li> <li>• Cookery equipment</li> </ul>

## Useful Websites for Sensory equipment and Craft Products

<https://www.cosydirect.com/special-needs>

[www.completecareshop.co.uk](http://www.completecareshop.co.uk)

[www.tts-group.co.uk/primary/sen-special-direct/sensory/](http://www.tts-group.co.uk/primary/sen-special-direct/sensory/)

[www.besttoys4toddlers.com](http://www.besttoys4toddlers.com)

[www.cheapdisabilityaids.co.uk](http://www.cheapdisabilityaids.co.uk)

[www.exploreyoursenses.co.uk](http://www.exploreyoursenses.co.uk)

[www.exploreyoursenses.co.uk](http://www.exploreyoursenses.co.uk)

[www.bigjigstoys.co.uk](http://www.bigjigstoys.co.uk)

[www.sensetoys.com](http://www.sensetoys.com)

[www.smythstoys.com](http://www.smythstoys.com)

[www.sensorytoywarehouse.com](http://www.sensorytoywarehouse.com)

[www.rompa.com](http://www.rompa.com)

### Lights

[www.sensoryplus.co.uk](http://www.sensoryplus.co.uk)

LED light balls, Shadow boards

[www.maplin.co.uk](http://www.maplin.co.uk)

Star projectors, mini lasers

[www.mathmos.co.uk](http://www.mathmos.co.uk)

Small projector and other light effects

[www.optikinetics.co.uk](http://www.optikinetics.co.uk)

Solar LED projectors, magnetic rotators and effects wheels

## Creating Sensory Environments

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[www.spacekraft.co.uk](http://www.spacekraft.co.uk)

Pop up tents, projection brolly's, white projection hut

[www.mikeayresdesign.co.uk](http://www.mikeayresdesign.co.uk)

Projection brolly

[www.sensoryplus.co.uk](http://www.sensoryplus.co.uk)

Projection brolly

[www.hope-education.co.uk](http://www.hope-education.co.uk)

Black out pods and modular mansion pop ups

[www.umbrellaheaven.com](http://www.umbrellaheaven.com)

Range of umbrella's, rainbow, clouds, black or White Square

[www.magicblackout.co.uk](http://www.magicblackout.co.uk)

Magic blackout clings to windows to black out light

## Fluorescent Materials

[www.theglowcompany.co.uk](http://www.theglowcompany.co.uk)

Glow in the dark and UV fluorescent materials, LED UV torches

[www.uvgear.co.uk](http://www.uvgear.co.uk)

Wide range of UV-reactive products, LED UV torch

Google for:

Rip stop nylon, fluorescent kite fabric doesn't tear

## Sounds

[www.mesdirect.com](http://www.mesdirect.com)

Musical instruments especially the 'Thunderer'

[www.drumsforschools.co.uk](http://www.drumsforschools.co.uk)

Instruments

## Smells

<https://aromaprime.com>

Vortex aroma cubes

[www.rompa.com](http://www.rompa.com)

Everyday aroma activity game

## Sensory Stories

[www.puppetsbypost.com](http://www.puppetsbypost.com)

Wonderful puppets for themes and sensory stories

[www.hobbycraft.co.uk](http://www.hobbycraft.co.uk)

Local stores for craft supplies

[www.tactilebooks.org](http://www.tactilebooks.org)

Ideas for sensory books