

Could a mentor be right for you?



If you are a looked after child or young person, the Nottingham City Virtual School Mentoring Service could help you take your next steps in life.

Whatever you are facing, connecting with a mentor means having someone in your corner. Your mentor is there to support your wellbeing and help you achieve your ambitions.

Get involved and your mentor will:

- Arrange with your parent or carer for you to meet up regularly, either one-to-one or in group sessions
- Be as flexible as possible about when and where you meet, so it's somewhere you feel comfortable.

Your mentor will always try and see you regularly. But there is no pressure to meet up if you ever have too much going on.

Sharing information to keep you safe

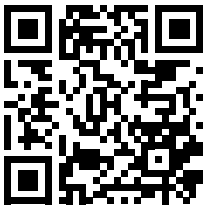
Your mentor will always be open if they are worried about you, because it's part of their role to help you stay safe. Sometimes, they might need to speak to your parent or carer about any concerns. Or they might also need to share information with your school/education setting, social worker or the Nottingham City Virtual School.

Got any questions? We would love to hear from you.

To find out more about our mentoring service, please email

NottinghamMentoringService@childrenssociety.org.uk

or call **0115 900 3105**.



Please **scan the QR code** or visit
nottinghamcityvirtualschool.org.uk
to find out more.

The Children's Society reaches young people where they are.

We tackle the struggles young people are facing today, providing complete, personal support. And we work with our partners and our supporters to challenge the government to deliver policies that will protect young people long into the future.

We've been doing this work for 140 years. We won't rest until every child can take on their future with confidence.