# 7-Minute Briefing: Safer Internet

## Nottingham City Safeguarding Adults Board

#### Safer Internet Affects

<u>us All</u>

#### 'Want to talk about it?

- <u>https://www.gov.uk/government/org</u> <u>anisations/uk-council-for-internet-</u> <u>safety</u>
- <u>https://www.asklion.co.uk/kb5/nottingham/directory/advice.page?id=840ypg8Sm2E</u>
- <u>https://www.gov.uk/guidance/preven</u> <u>t-duty-training</u>
- <u>https://www.ageuk.org.uk/informatio</u> <u>n-advice/work-learning/technology-</u> <u>internet/internet-security</u>
- https://saferinternet.org.uk/

#### Why now?

The internet is certainly part of our lives. We use the Internet for banking, work, social interaction, shopping and much more.

However, scams, hacks, theft, bullying, trolling, dangerous 'trend setting', misinformation, radicalisation and many more dangers exist on the internet.

> 90% of adults in the UK are recent internet users

#### <u>Research</u>

- 50% of Internet users use the same password for all / most of their accounts
- Online harassment is increasing and has a lasting impact on those who are victimised.
- The number of reported and recorded harassment offences in the UK continues to rise
- Hate crime continues to rise. 47% of all adult internet users (16-75+), report to have seen hateful content online in the last year
- Half of internet users (50%) say they are concerned about what is on the internet.

https://www.gov.uk/government/publications/adult-onlinehate-harassment-and-abuse-a-rapid-evidenceassessment

#### Theme: Personal Safety

- 25% of people say they don't make appropriate checks online:
- Use strong (different) passwordsBe aware of your privacy settings
  - Take care with friend requests
    - Don't overshare information (keep information private)

Do not share your whereabouts

Be mindful of

clicking on links /

attachments

<u>Theme:</u> Exploitation

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Criminals are taking advantage of the increasing amount of time people spend on the internet to groom and exploit people. NCC's Slavery Exploitation Team reports an

increase in targeting young people via Snapchat to get involved in criminal exploitation, and instances of blackmail when threats are made of revealing personal information unless payments are made.

### Theme: Dangerous Trends

Online trends can be 'incredibly dangerous'. Some online trends (challenges) can be life threatening and have caused recent fires, physical harm, and fatalities.

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#### What next?

Remain vigilant for anyone in need of support or safeguarding in relation to internet safety. **Begin a conversation!** You can offer guidance and signposting support to those you come into contact with.

# 'Make space for conversations about life online'

It's never too early or too late to start an online safety conversation.

Radicalisation is the **top methodology** used to groom people towards terrorism in

Nottingham and Nottinghamshire. The greatest threats in our area are from Self-Initiated Terrorists – often inspired by online groups but not directed by them and while we've seen an increase in Extreme Right wing rooming and violence the threat from Islamic State or Al Quida inspired terrorists remains significant in the region. If you are concerned about someone being drawn into radicalisation online please contact the police Prevent team on 111 and ask for Prevent or look at the resources here for more information: https://actearly.uk/spot-the-signs-of-radicalisation/what-to-look-for/

#### <u>Theme:</u> Radicalisation

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