



# Working with an Educational Psychologist

## Nottingham City Educational Psychology Service

### What is an Educational Psychologist?

An Educational Psychologist (EP) uses their knowledge of psychology to support children, young people, parents/carers and school staff to improve an individual's experience.

We work with children and young people aged 0-25 years, supporting in a number of different areas.



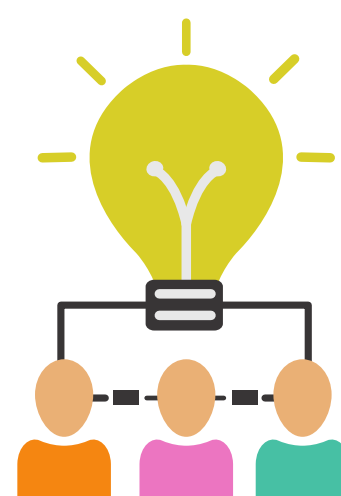
### How do we work?



EPs carry out a range of work including:

- Discussions with school and home
- Individual work with children and young people
- A variety of interventions
- Linking with other agencies
- Training for adults including staff, parents and carers

We typically use the information gathered to jointly develop strategies and approaches to support progress.



### What do we do?

We work with children, young people and the adults who know them best to help identify their strengths and needs.

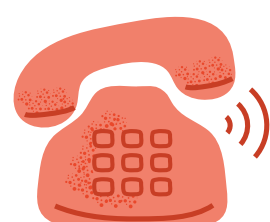
We use the information gathered to think about what is going well or if there is anything we can do differently that could support positive change.

### How will I be involved?

- We may meet together to gather your views and think about possible explanations for what your child or young person is experiencing.
- Information gathered will be shared with you through discussion or summarised in a written record.
- Once approaches and strategies have been tried, we may come back together to review your child or young person's progress.



### Contacting the Educational Psychology Service



If you have any questions please feel free to contact us using one of the below options:



Tel: 0115 876 5829

Email: [EPS.Admin@nottinghamcity.gov.uk](mailto:EPS.Admin@nottinghamcity.gov.uk)

Website: [www.nottinghamcity.gov.uk/educationalpsychology](http://www.nottinghamcity.gov.uk/educationalpsychology)

You can also see pictures of the Educational Psychologists on the website

