



Nottingham
City Council

Served by a helping hand

Meals at home is a service provided by Nottingham City Council to residents across Nottingham City. The service includes a range of hot and frozen meals delivered straight to the home.

All meals are prepared to strict hygiene and nutritional standards. All dietary requirements can be catered for and a tasty variety of different religious and cultural cuisines are available in addition to traditional dishes.

The frozen and hot meal service is extremely flexible, orders can be changed on a weekly basis and a variety of payment options are available.

Frozen meal service

Choose from a wide variety of frozen pre prepared meals that will be delivered on a weekly basis. The delivery team will ensure that meals are properly stored and these can be reheated straight from frozen at any time, providing a delicious hot meal in the home.

Frozen meal orders can be tailored to suit you allowing you to pick certain dishes or in a variety of different packages to suit a range of budgets. Meal packs are available in 4, 5 or 7 day packages. All containers are suitable for microwave and conventional ovens.

Hot meal service

The hot meal service is provided to residents who require hot ready to eat meals delivered to their door. Meals include a choice of main dishes and desserts, sandwiches, salads and cakes from a 5 weeks rolling menu that provides variety and value for money.

Through the hot meals service, Nottingham City Council provide the added reassurance that each dedicated member of staff has a duty of care to ensure that each recipient is safe, comfortable and benefits from regular engagement with the team.

When visiting residents, our trained staff follow strict procedures to look after the wellbeing of residents, liaise with emergency contacts and next of kin and the team have direct access to local care and emergency services.

Family and friends

If you are considering using the meals at home service for a friend or relative simply get in touch with the team using the contact details below. Our friendly staff are on hand to provide you with information and support in setting up this service and ensuring that your loved one receives the right package for them.

The meals at home team will always liaise directly with a dedicated contact wherever required, giving you peace of mind as the first point of contact.

Fish Dishes

Breaded Haddock
Fishcakes in Parsley
Fisherman's Pie
Fish in Parsley Sauce

Chicken and Turkey Dishes

Chicken, Ham and Leek Pie
Chicken Tikka Masala
Chicken Supreme and Vegetables
Roast Chicken
Roast Turkey
Venison Hotpot (Venison and Turkey)

Beef Dishes

Steak Pie
Beef Stew and Yorkshire Pudding
Corned Beef Hash
Cheesy Cottage Pie
Roast Beef

Pork Dishes

Meatballs in Gravy
Sausage in Onion Gravy
Roast Gammon in BBQ Gravy
Roast Pork

Lamb Dishes

Lamb & Mint Pie
Minty Lamb Casserole
Shepherd's Pie

Vegetarian Dishes

Cauliflower & Broccoli Bake
Macaroni Cheese
Veg Hotpot
Veg Cottage Pie
Vegetable & Lentil Curry
Veg Sausage
Potato Patch Pie

Halal and Vegetarian Asian Meals

Chicken Tikka Masala
Lamb and Potato Dahl
Veg Aloo Gobi Peas with Rice
Veg Aloo Saag with Rice
Veg Cauliflower and Aubergine with Rice
Veg Mixed Veg Vegetable Curry

Afro Caribbean Meals

Spicy Chicken
Jerk Chicken Rice & Peas
Curried Goat
Brown Stew Chicken
Beef Curry
Brown Stew Lamb Rice & Peas
Curried Mutton Curry & white rice

Soft meals

Savoury Beef Level 5
Lamb Casserole Level 5
Chicken & Stuffing Level 5

Soft (minced) meals with soft pudding (sponge in custard, rice pudding etc.) - £7.50

Sandwiches

White Bread Cheese Slices
White Bread Cheese Slices and Pickle
White Bread Ham and Cheese
White Bread Cheese Savoury
White Bread Chicken Breast
White Bread Chicken Mayo
White Bread Egg Mayo
White Bread Ham
White Bread Tuna Mayo
Brown Bread Cheese Slices
Brown Bread Cheese Slices and Pickle
Brown Bread Ham and Cheese
Brown Bread Cheese Savoury
Brown Bread Chicken Breast
Brown Bread Chicken Mayo
Brown Bread Egg Mayo
Brown Bread Ham
Brown Bread Tuna Mayo

Sandwiches can only be ordered as an addition to the main order. All sandwiches £2.00 each

Hot dinner and hot pudding £7.50 delivered.



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Hot Puddings

Apricot Sponge
Chocolate Sponge
Ginger Sponge
Jam Sponge
Sticky Toffee
Apple & Blackberry Pie
Apple Pie
Rhubarb Pie
Apple & Apricot Crumble
Rice Pudding with Jam
Bakewell Tart
Coconut Tart
Assorted Fruit in Custard

Hot dinner and hot pudding £7.50 delivered.

Cold Desserts

Butterscotch Tart
Black Cherry Cheesecake
Chocolate mousse
Strawberry Mousse

Fruits

Apple
Banana
Orange
Pear

Cakes

Almond Slice
Cherry Slice
Chocolate Cake
Fruit Scone
Lemon Cake
Victoria Sponge

All cold desserts or fruits can replace hot desserts on request.

Cold dessert can be delivered as addition to the hot dinner - £1.50 each.

Bread

White Sliced Loaf
Wholemeal Sliced Loaf
Bread - £2.50

Milk

Skimmed Milk
Semi-skimmed Milk
Whole Milk
1pt, 2pts and 4pts containers
1pt - £1.00
2pt - £1.50
4pt - £2.00

Bread and milk can only be ordered as an addition to the main order.

Salads

Cheese Salad
Wiltshire Ham Salad
Egg Mayo Salad
Tuna Salad
Chicken Salad

Salad £6.50 on its own or can be delivered instead of hot dinner (with cold dessert, cake or a fruit-£7.50).

Meals at Home

0115 876 18 46, 0115 876 18 47

mealsathome@nottinghamcity.gov.uk

www.nottinghamcity.gov.uk/meals-at-home



Meals at Home



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The following frozen meal packs are now available

Favourites Pack

7 meals and 7 desserts for £35.00

Steak Pie	Apricot Sponge
Venison Hotpot	Chocolate Sponge
Lamb and Mint Pie	Sticky Toffee
Sausage in Onion Gravy	Apple & Blackberry Pie
Shepherd's Pie	Apple & Apricot Crumble
Sliced Beef	Bakewell Tart
Sliced Pork	Coconut Tart

Roast Dinners Pack

4 roast dinner meals and 4 desserts for £24.00

Roast Beef in Gravy	Apple & Blackberry Pie
Roast Pork in Gravy	Sticky Toffee Sponge
Roast Chicken in Gravy	Chocolate Sponge
Roast Turkey in Gravy	Apple & Apricot Crumble

Economy Pack

5 meals and 5 desserts for just £25.00

Lamb Casserole	Apple & Blackberry Pie
Meatballs	Rice Pudding with Jam
Fishcakes	Ginger Sponge
Sausage in Gravy	Chocolate Sponge
Shepherd's Pie	Apricot Sponge

Vegetarian Pack

7 meals and 7 desserts for £34.00

Meal Pack 1 at £34.00

Roast Turkey
Shepherd's Pie
Lamb Casserole
Beef Stew
Sausages in Onion Gravy
Breaded Fish
Corned Beef Hash

Rice pudding
Apple & Apricot Crumble
Assorted Fruit in Custard
Jam Sponge
Bakewell Tart
Ginger Sponge
Apricot Sponge

Meal Pack 2 at £34.00

Roast Chicken
Pork Meatballs
Fishcake
Steak Pie
Chicken & Ham Pie
Beef Stew
Minty Lamb Casserole

Apple & Blackberry Pie
Rhubarb Pie
Chocolate Sponge
Jam Sponge
Apple & Apricot Crumble
Apricot Sponge
Bakewell Tart

Vegetarian Pack at £34.00

Vegetable Cottage Pie
Cauliflower & Broccoli Bake
Plant Based Sausages in Onion Gravy
Macaroni Cheese
Vegetarian Curry
Potato Patch Pie
Vegetable Hotpot

Apple & Blackberry Pie
Apricot Sponge
Sticky Toffee
Jam Sponge
Apple and Apricot Crumble
Bakewell Tart
Ginger Sponge

Questions and answers:

Q1: What time will I get my meal?

A1: We deliver between 11 am and 2 pm. The exact delivery slots is conditioned by the time when the delivery van is in your area.

Q2: Can I pay by Direct Debit?

A2: There are several payment options available including Direct Debit. In order to pay by Direct Debit we will ask you to complete and sign a Direct Debit mandate.

Q3: Why do I need to pay a deposit?

A3: We always invoice customers one month in arrears. Therefore even if the invoice is paid on time the meals would be still delivered for approximately another month (depends on the day of the month when service commenced).

Q4: Will I get my deposit back if I cancel my orders?

A4: We will use the deposit to cover your last invoice. If the amount on the invoice is higher than your deposit we will ask you to pay the outstanding amount. If the amount on the invoice is lower than your deposit we will refund the remaining amount.